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In your role at Providence Health Plan, you work with self-insured clients often. What's different about self-insured plans and why should employers be interested?

Large employers are often interested in self-insuring their health plans to gain cost savings, flexibility in benefit design, and reduced taxes and regulations. Self-insurance means that an employer is taking on the financial risk for funding their employee healthcare needs. These employers hire Providence Health Plan to provide administrative services like claims payment, customer service, quality management, and pharmacy administration to manage the additional financial risk. Our team consults collaboratively with self-insured employers to develop a plan design that meets the unique need of each of our customers. Self-insuring with Providence Health Plan combines our unique 30+ years of expertise in managing health care costs with the flexibility of being self-insured.

What do you believe are the positives to an integrated system of coverage and care like Providence?

The US spends a higher portion of our GDP on healthcare costs while receiving outcomes lower than most other developing countries. Making meaningful change to the healthcare system requires employers, insurers, and provider systems to partner together to transform how healthcare is delivered. I am passionate about improving the patient experience and outcomes in the healthcare system. What keeps me at Providence is the opportunity to work across an integrated delivery system and with employers to pilot new models of care and break down silos that lead to poor outcomes. I believe this type of partnership is the only way we will transform the healthcare delivery.

Why do you choose to work at Providence?

I love that Providence is committed to true health. True Health is about bettering the health of the person a well as the community surrounding them. Providence is continually investing in health, focused on improving access to healthcare for all. It's exciting to be a part of those efforts!