

SPONSOR PROFILE

# MAILE MEADE

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### **What's your favorite aspect of your work at Providence Health Plan (PHP)?**

In my past I worked alongside employers to identify the best benefits for their employees, but that was where it stopped. In my role at PHP, I get to continue the natural progression of that work, helping people access the healthcare system in a more positive way with a great experience.

I also love working with and supporting partners that are making a difference in our communities, improving people's lives and health outcomes. It took me 25+ years in my career to really understand where I wanted to intentionally spend my time and talents. At PHP, I'm focusing efforts on where we can have the greatest good and impact through sponsorships, community events and services.

### **If you had the power to change one thing in the healthcare system, what would it be?**

We've done a lot of positive work toward destigmatizing mental health and recognizing the whole health of an individual. It's clear we cannot treat the physical without also addressing the mental. That's why I practice and teach Mental Health First Aid and am a huge supporter of earlier exposure and interventions for mental and behavioral health. People are complicated!

If I had the power to change one thing in the healthcare system with the push of a button, I would make sure formal mental and behavioral health education is accessible for young people. If we could better support them in their formative years, and help them understand themselves and the world around them better, we could make a profound difference in their lives.

### **Why do you choose to work at Providence Health Plan?**

The Mission-first approach to the work we do. As a mission-driven non-profit, we take care of people and our community first—it's part of the DNA here at PHP. That human element is always present in our work. It keeps me engaged and excited about working here.